



Amador Tennis Club Junior Team Tennis League COVID & AIR QUALITY SAFETY GUIDELINES

- 1. Masks:** Masks are not required for outdoor sports. If any participant, spectator, or Coach wants to wear a mask, he/she may certainly do so.
- 2. Physical Distancing:** Coaches shall try to maintain physical distancing during practice and matches. During practices AND matches, spectators should remain outside of the fence at Argonaut. At Amador, spectators can view players from bleachers above the courts on top of the hill.
- 3. Hand hygiene recommendations**
 - Reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among players and Coaches.
 - Promote hand sanitization before, throughout, and after practice and matches. Hand sanitizer will be made available.
- 4. Cleaning recommendations:** Shared equipment shall be cleaned as feasible after practice and matches.
- 5. Emphasize with parents that if a child is not feeling well or showing any symptoms, they SHOULD NOT attend practice or matches.** Youth and adults with symptoms of COVID-19 infection should not to return to play or attendance until they have met the following CDPH criteria:
 1. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
 2. Other symptoms have improved; and
 3. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g, Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
- 6. If a player tests positive on a team:** Parent should notify Coach and the Coach should immediately notify League Director. League will determine if any other players were directly exposed (according to CDC the current definition of exposure) and notify parents as appropriate. League Director and parents shall comply with Public Health Department requirements regarding contact tracing.
- 7. If a player is in quarantine/isolation** due to a possible exposure outside of JTT, parent should notify Coach.

Air Quality Concerns. If heavy wildfire smoke returns, the League Director will decide whether it is safe to hold matches. Coaches should cancel their practice if the Air Quality Index is 150 or above. Coaches may make the decision to cancel practice due to air quality even if AQI number is lower. Some kids have asthma and shouldn't be out in ANY smoke, so Coaches can certainly empower parents to make the best decision for their player based on individual health risks.

CONCERNS OR QUESTIONS? CONTACT LEAGUE DIRECTORY LINDSEY SAMMONS
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